

Thursday 9/19

1:00p-5:00p

Queer Field Day & Friend Finder Scavenger Hunt

Community is Medicine

Description:

Queer Field Day is an event designed for attendees to make new friends through physical and social games! It's like recess for queer adults. We'll be playing games like tug of war, friend finder bingo, and more!

Activity Level:

Moderate to High

2:30p-4:00p

Open Swim with DJ Panda

Float On Oasis

4:00p-5:00p

ASL for Everybody with Ęm (M) Medina and LeeAnna Pikel

Land of Unlearning

Description:

Join us for a fun and engaging mini sign language workshop designed to enhance your camp and festival experience! In this hands-on session, you'll learn essential signed phrases that will help you communicate with ease and joy in lively outdoor settings. From greetings to expressions of excitement, we'll cover everything you need to connect with fellow campers and festival-goers. Whether you're a beginner or looking to brush up on your skills, our friendly instructors will guide you through interactive activities making it a memorable and inclusive experience. Bring your enthusiasm, and let's create a vibrant atmosphere of understanding and connection through the beautiful language of ASL!

Activity Level:

Mild

Participant Needs:

Ear plugs or headphones (optional)

Biographies:

Meet **Ęm (M) Medina**, they/she! Ęm is a seasoned festival-goer and an amazing Queer, Trans Femme, Non-binary, and Disabled identifying Interpreter with 20 years of experience. They have been providing communication access in a wide range of settings including community, corrections, educational, medical, platform, pride events (15+ years), protests, VRI/VRS, and events with over 5,000 participants both in person and virtually. Despite facing health challenges in 2019, including three strokes and major brain surgery, Ęm made an inspiring recovery. During the Covid-19 pandemic, Ęm obtained her National

Interpreter Certification (NIC) and Core Certification Healthcare Interpreter (CoreCHI) and has been working hard to further their legal interpreting education to better serve the QTBIPOC communities.

Meet **LeeAnna Pekel**, she/her! LeeAnna is a dedicated educator who has worked overseas for 15 years, living in 5 countries and traveling to over 55. As the wellness coordinator for this festival, she ensures that everyone feels safe and included. During the COVID-19 pandemic, LeeAnna began learning ASL to prepare for her future as her hearing decreases. Her passion for fostering well-being and accessibility makes her an essential part of every community she serves.

7:00p-8:00p

Opening Ceremony

Community is Medicine

8:30p-10:00p

Damn Good Drag Nights! Hosted by Anna Goodman with DJ GoodBoy

Community is Medicine

Description:

Meet us at Damn Good Drag Nights to kick off the first evening of Know Other Festival! Come cheer, laugh, and connect with other festival guests at our opening night drag and variety show! Hosted by Dandy Frank (aka Anna Goodman of Damn Good Dyke Nights). Enjoy multiple drag performances, audience games, music, dancing, and good 'ol quality fun. ASL interpreters and seating provided. Performances by Ęm (M) and Pony Bambino.

Biography:

Anna Goodman (she/her) is the CEO and founder of Damn Good Dyke Nights, a lesbian and queer events company based in Los Angeles, CA.

10:00p-Late

Quantum Soul: Portal Opening Ceremony with Nestor

Ritual Lodge

Description:

Using entheogenic tools and mindfulness practices, we will open a collective healing portal. Alongside the wisdom & kinship of the land, we will call upon the natural living elemental beings all around us. We will ground ourselves in our queer magic and envision ourselves steeping into our divine power.

Activity Level:

Mild

Participant Needs:

Any yoga pillows, mats or blankets that will allow for comfortable seating

Biography:

Blessing to you kind friends. My name is Nes. Born and raised on Yelamu Ohlone Lands, known to us now as San Francisco Bay Area. I'm an energy worker and entheogenic guide for these sacred

medicines. Here to help us amplify our emotional grace, rekindle our sacred light and heal ancestral lineages.

Our workshops will focus on learning intention, setting practices, and calling back our connection to nature. Our existence is sacred and we must continue to decolonize our relationship to this earth, doing so allows us to experience miracles in abundance. It's not radical or revolutionary if these tools aren't available to us all.

Infinite Love, Nes
Rematriatetheland.com

10:00p-Late

Clothing Optional Night Swim

Float on Oasis

Participant Needs:

Whatever you need to go swimming (including a towel), clothing optional!

10:00p-Late

How to Play Well with Others with Vera Levitt

Beaverton Play Den

Description:

Explore the range of play possibilities while attending Know Other Festival and enjoying the Beaver Den.

Learn how to upgrade your communication and consent practices to enhance pleasure and connection with a group massage experience (and leave blissed out on oxytocin).

Discover the basics of negotiating play, setting boundaries, and ensuring mutual respect and empowerment.

Enhance Communication: Develop effective communication skills to express desires, limits, and feedback, strengthening relationships and enhancing satisfaction.

Come to watch, come to play, come to learn!

Activity Level:

Mild

Participant Needs:

A playful spirit, a curious mind, and a heart open to connection.

Friday 9/20

8:30a-9:30a

Power Yoga for Queer Joy with Carlita & Zam

Community is Medicine

Description:

Join the Flexxy Gems Zam and Carlita for an upbeat, energizing yoga practice built to inspire joy and self acceptance. All levels welcome!

Activity Level:

High

Participant Needs:

Yoga mat, water bottle, comfortable clothes, sunscreen (if outside), an open mind, and dance party vibes :)

Biography:

We are the Flexxy Gems!

Zam (they/fae) is a trained facilitator, yoga practitioner, and healing justice advocate. Living in Baltimore, MD, they are a tea lover, nonbinary drag artist, and budding quad skater. Zam has been practicing somatics, dance, and breath work for over 15 years.

Carlita (they/them) is a certified yoga instructor, home chef, animal enthusiast, semi-practicing vegan, and adventure lover. Currently residing in Los Angeles, CA, they consider anywhere with family as "home". A lifelong dancer and yoga practitioner, Carlita has been teaching yoga and meditation for almost 10 years.

Most importantly, together Zam and Carlita are the iconic duo The Flexxy Gems, your favorite yoga babes <3

8:30a-9:30a

Qigong Alchemy | Practical Tools for Self-Care with Cindy Vo

Land of Unlearning

Description:

Ignite your Qi (life force energy) through the fundamentals of Qigong, an ancient mindful movement & holistic practice with roots in Chinese Medicine. In this experiential workshop, folks will learn practical tools for radical self-care, releasing stagnant Qi while cultivating flow state to assist in enhancing clarity, harmony, healing, inner alchemy and balance. We will achieve this through intentional breathwork, gentle movement, and meditation.

Activity Level:

Mild Moderate

Participant Needs:

Yoga mat or something to put on the ground to flow on. Water. Open mind + heart. Optional: Journal, pen, crystals, etc.

Biography:

Cindy Vo (she/they) is a queer multi-dimensional artist, certified massage therapist, Reiki practitioner & teacher, medical Qigong instructor, sound healing practitioner, and facilitator of healing from San Jose, California and currently living in Long Beach, CA. She is the creator of You Are Magik, a wellness hub dedicated to the eastern and western approaches to [w]holistic healing arts, divination, and practical wellness.

Cindy is a Certified White Tiger Qigong Level IV Instructor and has been a student of Qigong for 7+ years. She has led and taught workshops, retreats, and continues to be a student of this ancient artform. Her hope is to share this beautiful self-care practice that has positively impacted her life and allow this modality to empower others to tap into their inner healer.

8:30a-9:30a

Partnered Movement to Support Our Bodies with Mary Margaret

Ritual Lodge

Description:

Activity Level:

Participant Needs:

Biography:

8:30a-9:30a

How to Be "Queer Famous" with Family

Gather n' Glow

Description:

Activity Level:

Participant Needs:

Biography:

10:00a-11:00am

Self-Defense and Self-Protection with Olivia Sawi

Community is Medicine

Description:

In this introductory workshop, we will explore a more holistic approach to self-protection. We will combine cultivating inner strength, trusting intuition, sharpening mental awareness, recognizing harm, learning to use our voice and verbal assertiveness, and practice using our body as a weapon.

Activity Level:

Moderate to High

Participant Needs:

Comfortable clothing and footwear, water, something to sit on (yoga mat and/or cushion)

Biography:

Olivia Gail Labalan Sawi is an educator, instructor, facilitator, and coach. For over 30 years, Olivia has studied various martial arts and combat sports. She is a brown belt in Brazilian JiuJitsu and also trains in Pekiti Tirsia Kali. Olivia has taught and coached people of all ages and abilities on not only the mats but also in the classroom. She has also been involved in community organizing, especially in the Filipino American community, with a focus on connecting to ancestry and decolonial work.

10:00am-11:00am**When Passion Meets Purpose (Discover Your Passion and Purpose: An Experiential Journey with V the Passionate)**

Land of Unlearning

Description:

Are you ready to embark on a transformative journey to uncover your true passion and purpose? Join us for an immersive facilitation experience designed to ignite your inner fire and guide you towards a life filled with meaning and fulfillment.

In this dynamic and interactive session, you'll:

-Explore Your Inner Landscape: Dive deep into self-discovery with guided meditations, reflective exercises, and powerful visualizations that reveal your core desires and aspirations.

-Unlock Your Potential: Engage in hands-on activities and group discussions that challenge you to break free from limiting beliefs and embrace your unique strengths and talents.

-Connect with Like-Minded Souls: Build meaningful connections with a supportive community of fellow seekers, sharing insights and experiences that inspire and uplift.

-Create Your Vision: Craft a personalized action plan that aligns with your newfound clarity, empowering you to take bold steps towards living your passion and purpose every day.

Join us for this exciting and inviting journey, and step into a life where your dreams become your reality. Your passion and purpose await!

Activity Level:

Mild

Participant Needs:

Yourself!

Biography:

V the Passionate: Founder of the Tribe Unity Movement

V the Passionate is a motivational speaker, experiential facilitator, and host who founded the Tribe Unity Movement in 2010. She has opened for renowned speakers like Les Brown and has a talent for inspiring people to live their passion and purpose.

As a passionate creative entrepreneur, V has built and supported tribes, helping other entrepreneurs and key figures in the entertainment industry achieve success.

V's unwavering commitment to her mission is evident in every aspect of her work. She believes that everyone has a passion within them, instilled by the universe, and it is her purpose to help others discover and live theirs. Through the Tribe Unity Movement and her and her wife's business, The Spiritual Creatives, V continues to inspire and support people from all walks of life, fostering a sense of unity, magic and empowerment that transcends boundaries.

10:00am-12:30pm

Cacao Intimacy Ceremony and Ecstatic Dance with Tamara Montenegro

Ritual Lodge

Description:

The intimacy circle with cacao is a 1:30-hour space dedicated to a heart opening, connecting experience. Intimacy between participants is sourced from higher realms through conscious interactive games and heart-opening questions. This space is followed by a 1-hour dance celebration to channel the energy of love that we cultivated with the cacao medicine.

Activity Level:

High

Participant Needs:

An open heart, comfortable clothes, desire to explore new spaces of relating with themselves and one another.

10:00am-11:00am

Push and Spray Water Aerobics with Shannon Stott

Float on Oasis

Description:

Join Shannon Stott for ***Push and Spray***, a fun-filled water aerobics jam. We'll get our heart rates up flirting, dancing and splashing. Expect music, fun and a workout.

Note - The deepest part of the pool is 4ft. No need to know how to swim, but comfort in the water is necessary.

Activity Level:

High

Participant Needs:

Towel, whatever you need at the pool

Biography:

Shannon Stott is a dynamic force in the world of improv, using her 20+ years of teaching and performing to inspire deeper connections—both with oneself and with others. As the founder of *Improv On and Off the Stage*, Shannon has traveled internationally, teaching the transformative power of improv to help people break through personal barriers and communicate across cultures.

11:30am-12:30pm**Eye Love Myself - Generational Trauma and Inner Child Healing (Healing Ancestral Trauma) with Sterling Victorian**

Community is Medicine

Description:

We will explore healing our subconscious and generational trauma or narratives through inner child work. The session will include breathwork, inner child meditation/journey, sound bath, and closing circle. The intention is to create a safe space in which you can explore any core beliefs that were passed down, but potentially do not align with the truth of your being. We can replace those beliefs with one that reflect the unique and infinite being that you are today!

Activity Level:

Moderate

Participant Needs:

Mat, water, journal, pen, blanket, anything you need to be comfy! Dress comfy!

Biography:

Sterling's spiritual journey began with her own healing. As a child she was riddled with mental health and emotional obstacles due to an unstable and abusive domestic life. Determined to not rely on the prescribed medications that were numbing her creativity, she set out on a journey to heal herself holistically. This journey transcended into a commitment to help others do the same. And after years of studies, travels, mentorships and rituals she birthed eyelovemymself. A space committed to your transformation and growth from the inside out.

11:30am-12:30pm**Embracing Food and Body Liberation with Liza Katsman**

Land of Unlearning

Description:

This workshop is an exploration of how we assign binary definitions to food and our bodies, which then leads us to moral conclusions about ourselves. Food is either good or bad - which then means we are good or bad; we are told we must be "body positive" in order to feel worthy - but what if all of this could just be neutral? What if our food could just be what it is, and we eat because we're hungry; what if our bodies could just be vessels that allow us to get through the day? This is the path toward finding peace-with-self and true liberation from the oppressive systems that have broken our relationships with our food and bodies.

Activity Level:

Mild

Participant Needs:

Notebook + pen (or somewhere else to jot down notes/thoughts).

Biography:

Liza Katsman is an ICF-certified life and leadership coach focusing on helping women and queer people heal their relationships with food and their bodies. As someone who traversed various eating disorders and other related obsessive behavior for over 15 years, she brings her lived experience into the work with her clients with the goal of creating safe and judgement-free spaces which allow people to truly reflect, share, and heal. Her practice integrates the practices of intuitive eating, antidiem culture, and HAES (health at every size). Her BS from UCLA is in physiological science, where she also conducted research in the fields of nutritional physiology and social psychology. She earned her MBA from UCLA in organizational management focused in diversity, equity, and inclusion

1:30pm-3:30pm

BIPOC Joy Swim with DJ Sterling Victorian

Float on Oasis

Description:

Activity Level:

Participant Needs:

3:30pm-4:30pm

An Introduction to Improv: Community, Connection and Community with Shannon Stott

Community is Medicine

Description:

Come practice connecting to and speaking up for yourself and your needs with confidence, trust and pride. We'll do all that using Improv as our container! Expect to say "I didn't know I could do that!" You'll be cared for and heard. You've been wanting to try Improv haven't you? You're in the place.

Activity Level:

Moderate

Participant Needs:

Yourself!

Biography:

Shannon Stott is a dynamic force in the world of improv, using her 20+ years of teaching and performing to inspire deeper connections—both with oneself and with others. As the founder of Improv On and Off the Stage, Shannon has traveled internationally, teaching the transformative power of improv to help people break through personal barriers and communicate across cultures.

Through her solo show, This is (Y)our Story, she uplifts queer, BIPOC, and femme voices, creating spaces where you can feel seen, heard, and empowered to change your world.

3:30pm-4:30pm

Befriending Grief with Lindsey Morris

Land of Unlearning

Description:

Activity Level:

Participant Needs:

Biography:

3:30pm-4:30pm

Releasing Sexual Shame Nika Cherrelle

Ritual Lodge

Description:

This Workshop is titled Releasing Sexual Shame: A Pathway to Freedom, but when we say freedom we are not just talking about sexual freedom, we are talking about freedom from everything that has held you back in life. Healing Your Relationship to Shame will allow you to communicate your needs with love for yourself and others.

In this workshop, we do an exercise around self forgiveness to help us move through things that have held us back

The first exercise is designed to empower you to let go of the things you hold against yourself.

From there I will take you through an exercise that helps you break through the restrictions of your past to form a new relationship with yourself.

Join me to empower your sexual self, and own who you are.

Activity Level:

Mild

Participant Needs:

Please bring something to write with and on. (Pen & Paper) Something that comforts you.

Biography:

Marnika Shelton, AKA Nika Cherrelle, is an engaging, vibrant, creative artist, educator and activist with over 25 years of experience in the Fine Arts. Her works are designed to engage the viewer in conversations that challenge socially and culturally normative viewpoints around race, gender, sexuality, class and religion. Taking on topics such as indoctrination and historical prejudice by recreating stories from unexplored angles to expose long standing impacts on society. Views of masculinity, prejudice, violence, shame, sexuality and how fear creates difference are all within the scope of her work. Marnika enjoys speaking in communities, classrooms and institutions about Art, Sexuality and Politics. Her work exists to empower and inspire people across all cultural backgrounds. By breaking down taboo, She aims to create a world where all people feel loved, honored and respected.

5:00pm-6:00pm

Beaverton Play Den Q&A

Community is Medicine

Description:

Activity Level:

Participant Needs:

Biography:

5:00pm-6:00pm

420 Yoga with Meghan Fuss

Land of Unlearning

Description:

Join us for a transformative 60-minute 420 Yoga class that blends the mindful use of cannabis with a heart-centered yoga practice. This class is designed to deepen your connection to yourself, nature, and the community around you. Through gentle movement, breathwork, and guided meditation, you'll experience a space of total acceptance where every body is celebrated, and all paths are honored. Whether you're a seasoned yogi or a beginner, this inclusive practice invites you to explore your own journey in a safe, supportive, and non-judgmental environment. Come as you are, leave feeling grounded, connected, and renewed.

Activity Level:

All levels

Participant Needs:

Yoga mat, optional: blocks and blanket

Biography:

Welcome to my world of holistic well-being! I'm Meghan Muckenfuss, and I've been immersed in the transformative journey of yoga for over two decades. My passion extends beyond the physical practice into the realms of plant medicine, meditation, and the healing power of nature.

Yoga, for me, is more than a series of poses—it's a powerful pathway to unite body, mind, and spirit. I am deeply committed to empowering my students, with the belief that yoga is accessible to everyone, regardless of age or experience.

In addition to my yoga practice, I founded Dr. May, a wellness-based cannabis brand that has been creating organic, vegan, award-winning topicals and tinctures for over 15 years. Dr. May is dedicated to providing natural, holistic solutions for health and well-being through plant medicine.

In my classes, I blend the wisdom of traditional yoga with a modern approach, creating a space where individuals can explore their unique paths to wellness. Whether you're a seasoned practitioner or stepping onto the mat for the first time, my mission is to guide you toward a deeper connection with yourself and the world around you.

Let's embark on this journey together, using yoga, meditation, and nature's wisdom to foster empowerment, balance, and connection—one practice at a time.

5:00pm-6:30pm

Navigating Difficult Conversations with Care with Noga & Fe

Ritual Lodge

Description:

Activity Level:

Participant Needs:

Biography:

8:00pm-9:30pm

QUEERAOKE hosted by Cyrus Goels

Community is Medicine

Description:

Activity Level:

Participant Needs:

Biography:

10:00pm-Late

Quantum Soul Portal Ceremony with Nestor

Ritual Lodge

Description:

Using entheogenic tools and mindfulness practices, we will open a collective healing portal. Alongside the wisdom & kinship of the land, we will call upon the natural living elemental beings all around us. We will ground ourselves in our queer magic and envision ourselves steeping into our divine power.

Activity Level:

Mild

Participant Needs:

Any yoga pillows, mats or blankets that will allow for comfortable seating

Biography:

Blessing to you kind friends. My name is Nes. Born and raised on Yelamu Ohlone Lands, known to us now as San Francisco Bay Area. I'm an energy worker and entheogenic guide for these sacred

medicines. Here to help us amplify our emotional grace, rekindle our sacred light and heal ancestral lineages.

Our workshops will focus on learning intention setting practices, and calling back our connection to nature. Our existence is sacred and we must continue to decolonize our relationship to this earth, doing so allows us to experience miracles in abundance. It's not radical or revolutionary if these tools aren't available to us all.

Infinite Love, Nes
Rematriatetheland.com

10:00pm-Late

Clothing Optional Night Swim

Float on Oasis

Description:

Activity Level:

Participant Needs:

Whatever you need to go swimming (including a towel), clothing optional!

10:00pm-Late

Midnight Disco Dance Party with DJ GoodBoy, DJ Panda, and DJ

Midnight Disco

Description:

Pole Dancers include Maritza Haller, Jo-Jo, and Kayvee.

Activity Level:

Participant Needs:

10:00pm-Late

Masterbation Station with Galaxy

Beaverton Play Den

Description:

Activity Level:

Participant Needs:

Biography:

10:00pm-Late

Soul Soup: Food for Thought - Fire Pit Gathering with Robyn Vie Carpenter-Brisco

Gather n' Glow

Description:

Activity Level:

Participant Needs:

Biography:

Saturday 9/21

8:30am-9:30am

QTBIPOC Solidarity Somatics with Carlita & Zam

Community is Medicine

Description:

Release into community healing with the Flexxy Gems through guided meditation and some gentle movement. All levels welcome!

Activity Level:

Mild

Participant Needs:

Yoga mat, water bottle, comfortable clothes, sunscreen (if outside), and an open mind :)

Biography:

We are the Flexxy Gems!

Zam (they/fae) is a trained facilitator, yoga practitioner, and healing justice advocate. Living in Baltimore, MD, they are a tea lover, nonbinary drag artist, and budding quad skater. Zam has been practicing somatics, dance, and breath work for over 15 years.

Carlita (they/them) is a certified yoga instructor, home chef, animal enthusiast, semi-practicing vegan, and adventure lover. Currently residing in Los Angeles, CA, they consider anywhere with family as "home". A lifelong dancer and yoga practitioner, Carlita has been teaching yoga and meditation for almost 10 years.

Most importantly, together Zam and Carlita are the iconic duo The Flexxy Gems, your favorite yoga babes <3

8:30am-9:30am

Qigong and Self-Healing Acupressure Massage with Cindy Vo

Land of Unlearning

Description:

Learn fundamental qigong techniques with an emphasis on self-healing acupressure massage. Learn to stimulate key pressure points to release anxiety, stress, migraines, and stagnation, while restoring balance to your physical and energetic body. Discover how these ancient techniques promote natural wellness and vitality. We will achieve this through intentional breathwork, gentle movement, self-massage and meditation.

Activity Level:

Mild

Participant Needs:

Yoga mat or something to put on the ground to flow on. Water. Open mind + heart. Optional: Journal, pen, crystals, etc.

Biography:

Cindy Vo (she/they) is a queer multi-dimensional artist, certified massage therapist, Reiki practitioner & teacher, medical Qigong instructor, sound healing practitioner, and facilitator of healing from San Jose, California and currently living in Long Beach, CA. She is the creator of You Are Magik, a wellness hub dedicated to the eastern and western approaches to [w]holistic healing arts, divination, and practical wellness.

Cindy is a Certified White Tiger Qigong Level IV Instructor and has been a student of Qigong for 7+ years. She has led and taught workshops, retreats, and continues to be a student of this ancient artform. Her hope is to share this beautiful self-care practice that has positively impacted her life and allow this modality to empower others to tap into their inner healer.

8:30am-9:30am

Hypnotherapy Group Regression with Becca Bassaleh

Ritual Lodge

Description:

Honoring the inner child by allowing them to be seen and heard through connection of self, expression of emotions, and energetic release of wounds

Activity Level:

Mild

Participant Needs:

Something to sit/lay on like a yoga mat and any comfort items such as an eye mask, pillow, blanket, squishmallow, etc.

Biography:

Becca Basaleh, CHt. is a certified hypnotherapist with a Master of Science in Psychology & her passion is healing the inner child and tarot readings!

8:30am-9:30am

How to be “Queer Famous” with Family

Gather n’ Glow

Description:

Activity Level:

Participant Needs:

Biography:

10:00am-11:00am

Inferno Thot (Hip Hop) Pilates with Nestor

Community is Medicine

Description:

We will find our divine fire and push ourselves beyond our limits through intentional movement. Bring your elemental powers and let's move in a high intensity pilates class with grace.

Activity Level:

Moderate High

Participant Needs:

Yoga mat and yoga towel or hand towel for those sweaty moments.

Biography:

Blessing to you kind friends. My name is Nes. Born and raised on Yelamu Ohlone Lands, known to us now as San Francisco Bay Area. I'm an energy worker and entheogenic guide for these sacred medicines. Here to help us amplify our emotional grace, rekindle our sacred light and heal ancestral lineages.

Our workshops will focus on learning intention setting practices, and calling back our connection to nature. Our existence is sacred and we must continue to decolonize our relationship to this earth, doing so allows us to experience miracles in abundance. It's not radical or revolutionary if these tools aren't available to us all.

Infinite Love, Nes
Rematriatetheland.com

10:00am-11:00am

Healthcare Exploration: Navigating Insurance with Dynamic Nurse Consulting

Land of Unlearning

Description:

The system is rigged against us. Our society has a profound, painful lack of medical system literacy. We can empower ourselves in a corrupt system when we have a better understanding of it. Let's review the insurance game & how you can make your insurance work a bit more in your favor.

Activity Level:

Mild

Participant Needs:

Activity Level: sitting, standing, writing, asking questions, sharing. Be prepared to hear some frustrating, yet relatable experiences. Bring notebook, pen, & questions.

Biography:

Dynamic Nurse Consulting is an outreach non-profit, aiming to empower their community as they navigate the broken healthcare system. Everything from: tools for self advocacy, assertiveness coaching, legal nurse witness, safety in clinics and hospitals, lab/chart review, staff support, dealing with microaggressions from providers, creating action plans catered to you, state/employee disability/illness

claims, DPOAs and navigating home care/hospice. We explore billing and insurance practices, provide education about a diagnosis or procedure, HSA vs FSA, and be your personal advocate and navigation guide.

10:00am-11:00am

EFT Tapping for Self-Love with Tiff Der

Ritual Lodge

Description:

Activity Level:

Participant Needs:

Biography:

10:00am-11:00am

Push and Spray Water Aerobics with Shannon Stott

Float on Oasis

Description:

Join Shannon Stott for ***Push and Spray***, a fun-filled water aerobics jam. We'll get our heart rates up flirting, dancing and splashing. Expect music, fun and a workout.

Note - The deepest part of the pool is 4ft. No need to know how to swim, but comfort in the water is necessary.

Activity Level:

High

Participant Needs:

Towel, whatever you need at the pool

Biography:

Shannon Stott is a dynamic force in the world of improv, using her 20+ years of teaching and performing to inspire deeper connections—both with oneself and with others. As the founder of *Improv On and Off the Stage*, Shannon has traveled internationally, teaching the transformative power of improv to help people break through personal barriers and communicate across cultures.

11:30am-12:30pm

Starting Your Queer Family with Midwife Marea from Pregnant Together

Community is Medicine

Description:

Activity Level:

Participant Needs:

Biography:

11:30am-12:30pm

Financial Glow Up with Prideful Financial - Sam Pico

Land of Unlearning

Description:

This is an interactive workshop that will help you discover your mindset blocks to allow space for your financial wellness. We will discuss scarcity mindset and how to move past it. We will also discuss how our community faces different challenges and how we can address them collectively.

Activity Level:

Mild

Participant Needs:

A journal and something to write with.

Biography:

Prideful Financial - Where Finance intersects with the vibrant and resilient LGBTQ+ community. Our mission is to provide financial empowerment to our diverse community by offering expert advice, practical money strategies tailored to the unique needs and aspirations of our LGBTQ+ community. Because everyone deserves financial stability regardless of their identity.

11:30am-12:30pm

Redefining Wellness: What is Health? With Liza Katsman

Ritual Lodge

Description:

In this workshop we will discuss and do some introspective exercises about how we define "healthy" and where those definitions come from. We have been indoctrinated from our diet-focused culture (also often times masked as "health-conscious" or "wellness") to believe a very narrow definition of health, and it's important that we unlearn that in order to have comfort and peace with how we eat, move, and feel in our bodies

Activity Level:

Mild

Participant Needs:

Notebook + pen (or somewhere else to jot down notes/thoughts).

Biography:

Liza Katsman is an ICF-certified life and leadership coach focusing on helping women and queer people heal their relationships with food and their bodies. As someone who traversed various eating disorders and other related obsessive behavior for over 15 years, she brings her lived experience into the work with her clients with the goal of creating safe and judgement-free spaces which allow people to truly reflect,

share, and heal. Her practice integrates the practices of intuitive eating, antidiem culture, and HAES (health at every size). Her BS from UCLA is in physiological science, where she also conducted research in the fields of nutritional physiology and social psychology. She earned her MBA from UCLA in organizational management focused in diversity, equity, and inclusion

11:30am-12:30pm

Roots and Blooms Tour with Lauren Henson

Marsha's Garden

Description:

Activity Level:

Participant Needs:

Biography:

1:30pm-3:30pm

Trans Bodies Celebration Swim with DJ Rhythm

Float on Oasis

Description:

Activity Level:

Participant Needs:

3:30pm-4:30pm

Building Resilience with Natural Medicine with Dr. Cris

Community is Medicine

Description:

In this workshop, we'll explore holistic tools—physical, social, and spiritual—that help you grow your capacity to manage stress and face life's challenges with greater ease. Through an interactive session, you'll be guided in self-reflection and action planning, empowering you to build resilience in a way that aligns with your unique journey and needs.

Activity Level:

Mild

Participant Needs:

Nothing

Biography:

Dr. Cris Azzola is a licensed naturopathic doctor whose personal health struggles led her to naturopathic medicine. After facing years of stress, fatigue, digestive problems, and debilitating

PMS symptoms, she found relief and transformed her health through the holistic, root-cause approach taught at Bastyr University, a leader in science-based naturopathic education. This journey gave her the stamina and focus to thrive and reclaim her vitality.

Today, Dr. Azzola helps others move from high anxiety to high performance. Using her Powerful, Focused, and Free method, she investigates the factors underlying her client's health concerns and creates a personalized treatment plan that empowers them to build resilience, overcome challenges, and live a fulfilling, purpose-driven life.

3:30pm-4:30pm

What Are Your Roots: Lineage Repair Work for Queer and Trans Folx with The Witch & Healer Collective

Land of Unlearning

Description:

This workshop will guide participants through exploring their ancestral roots, focusing on lineage repair and addressing family patterns. We'll create space to reflect on the present, delve into the past, and envision new possibilities for our collective future.

Activity Level:

Mild

Participant Needs:

Participants can bring water, a journal, anything that helps them center and ground into their body. Session will be in a "sitting circle format".

Biography:

Bex Mui, M. Ed., (she/her) is a queer witch, energy worker, and DEI consultant committed to the work of LGBTQ+ affirmation. Bex draws on her biracial, Chinese & Polish, first-and third-generation roots in her spiritual practices and offerings. She is committed to the work of anti-racist LGBTQ+ affirmation at the intersections of education, sexuality, and mental wellness.

In 2021, Bex founded House Of Our Queer, a spiritual playspace where she shares offerings for the queer and trans community. Delve deeper into House Of Our Queer through these podcasts and blogs. In her book, *House of Our Queer: Healing, Reframing, and Reclaiming Your Spiritual Practice*, she shares about her spiritual journey being raised Catholic with Buddhist influences, and her current practices including astrology, tarot, sacred sexuality, and honoring ancestors.

Through House Of Our Queer, Bex hosts monthly virtual and in-person workshops focused on ritual and reflection for self-growth. A life-long educator, Bex delights in creating facilitated learning spaces and blending healing modalities to meet the needs of her communities. Learn more and stay connected via email, Instagram, and LinkTree.

Danyelle Caruthers, ASW, MPA, (she/her) is a Black|Queer|Femme tarot reader and psychotherapist working to support folx on their journeys of holistic transformation. As a cartomancer, healer, and diviner, she draws from ancestral traditions, including Hoodoo, Catholicism, and astrology to serve her communities. Co-creating sacred spaces rooted in principles and methodologies from her social work

background, Danyelle's goal is to foster radical, healing-centered experiences, embracing the non-linear journey of self-discovery.

After a fulfilling 15-year career in social work in the San Francisco Bay Area, Danyelle embarked on a transformative sabbatical in 2019. This pause allowed her to explore spirituality deeper, culminating in the launch of The Witchy Femme and her private therapy practice in 2022. Danyelle offers therapeutic services focusing on grief, racial and queer identity exploration and processing, depression, anxiety, life transitions, and spiritual guidance through tarot readings and coaching. Learn more about The Witchy Femme and Danyelle's therapy practice here! Connect with her on Instagram to stay updated on local events and new offerings

3:30pm-4:30pm

This is (Your) Story with Shannon Stott

Ritual Lodge

Description:

This is (Y)our Story, is a community story sharing event. Facilitated by International Improvisor Shannon Stott. You'll blend your true lived experiences and stories with other's, creating a brand new story, where you can easily see your connection with each other and the universe. This is an interactive Improvised show experience. Expect an intimate and caring environment.

Activity Level:

Moderate

Participant Needs:

Yourself!

Biography:

Shannon Stott is a dynamic force in the world of improv, using her 20+ years of teaching and performing to inspire deeper connections—both with oneself and with others. As the founder of *Improv On and Off the Stage*, Shannon has traveled internationally, teaching the transformative power of improv to help people break through personal barriers and communicate across cultures.

Through her solo show, This is (Y)our Story, she uplifts queer, BIPOC, and femme voices, creating spaces where you can feel seen, heard, and empowered to change your world.

5:00pm-6:00pm

Paint and Sip with Mary Margaret & Marmalade Studio

Community is Medicine

Description:

Activity Level:

Participant Needs:

Biography:

5:00pm-6:00pm

Tantric Kink and Power Exchange with Isa Abrahams

Land of Unlearning

Description:

This is a kink positive/ kink curious workshop. Whether you are brand new to kink or a seasoned player, this workshop offers an invitation to deep presence for yourself and your partner for the exercise.

Land acknowledgement and gratitude

We will begin with a short ritual, including grounding, breath work, invitation to eye gaze(with consent. This can be uncomfortable for some). There will be an introduction to how to assess energetic boundaries with electro magnetics of the body and how to exchange that with your partner. For those that want to take it further, there will be an opportunity to explore intro top/ Dom/me bottom/sub energy play. This is a really fun workshop! Please come play!

Activity Level:

Medium

Participant Needs:

Please wear comfortable sexy clothes and bring something to sit on.

Biography:

It is with joy, commitment, deep presence and unconditional love that I bring these offerings to the world in this time of great shift and spiritual transformation. I identify they/she proud SWANA Sephardim, Kweer, Pan/Poly, life long service submissive, newly exploring vers spiritual Domming, extremely Sapiosexual.

I offer Quantum bio feedback therapy, soul astrology, holotropic breath work, and Tantric instruction and practice. I have been in practice with these modalities for 25 years.

I co-facilitated a Tantric Kink Dojo called Dark Eros Dojo for several years, offering Priestess ritual and somatic deepening in house, and at several conferences and festivals.

My healing modality integrates quantum physics and spirituality through devices that bring the body back to a state of homeostasis with the application of reparative frequencies.

I will be bringing an Ampcoil tesla coil and a sound frequency lounge to the festival as my offering to KOF. It will be located in the art installation area.

5:00pm-6:00pm

Tending Death Together with Lindsey Morris

Ritual Lodge

Description:

Activity Level:

Participant Needs:

Biography:

8:00pm-9:30pm

Performances by Silver Skye and TECA

Community is Medicine

10:00pm-Late

Cacao Intimacy Ceremony and Ecstatic Dance with Tamara Montenegro

Ritual Lodge

Description:

The intimacy circle with cacao is a 1:30-hour space dedicated to a heart opening, connecting experience. Intimacy between participants is sourced from higher realms through conscious interactive games and heart-opening questions. This space is followed by a 1-hour dance celebration to channel the energy of love that we cultivated with the cacao medicine.

Activity Level:

High

Participant Needs:

An open heart, comfortable clothes, desire to explore new spaces of relating with themselves and one another.

10:00pm-Late

Clothing Optional Night Swim

Float on Oasis

Description:

Activity Level:

Participant Needs:

Whatever you need to go swimming (including a towel), clothing optional!

10:00pm-Late

Know Other Forest Rave with DJ GoodBoy Morgan and DJ Panda

Midnight Disco

Description:

Activity Level:

Participant Needs:

Biography:

10:00pm-Late

**Camp Beaverton Presents The Strap-On-A-Thon
Beaverton Play Den**

Description:

Activity Level:

Participant Needs:

Biography:

10:00pm-Late

**Jam Session - BYO Instruments!
Gather n' Glow**

Description:

Activity Level:

Participant Needs:

Sunday 9/22

7:30am-8:30am

Autumn Equinox Celebration with Robyn Vie Carpenter-Brisco

Ritual Lodge

Description:

Activity Level:

Participant Needs:

Biography:

9:00am-10:00am

Mindful and Demure Yoga with Carlita & Zam

Community is Medicine

Description:

Trans and Non Binary siblings to the front! See how the Flexxy Gems center Trans and Non Binary rest as resistance? Very demure, very mindful. We don't need to work too hard, we keep it considerate, very cutesie. All demure babes welcome!

Activity Level:

Mild

Participant Needs:

Yoga mat, water bottle, comfortable clothes, sunscreen (if outside), and an open mind :)

Biography:

We are the Flexxy Gems.

Zam (they/fae) is a trained facilitator, yoga practitioner, and healing justice advocate. Living in Baltimore, MD, they are a tea lover, nonbinary drag artist, and budding quad skater. Zam has been practicing somatics, dance, and breath work for over 15 years.

Carlita (they/them) is a certified yoga instructor, home chef, animal enthusiast, semi-practicing vegan, and adventure lover. Currently residing in Los Angeles, CA, they consider anywhere with family as "home". A lifelong dancer and yoga practitioner, Carlita has been teaching yoga and meditation for almost 10 years.

Most importantly, together Zam and Carlita are the iconic duo The Flexxy Gems, your favorite yoga babes <3

9:00am-10:00am

Eclipse Season Moon Magic: Full Moon in Pisces with The Witch & Healer Collective

Land of Unlearning

Description:

This workshop will guide participants through exploring their ancestral roots, focusing on lineage repair and addressing family patterns. We'll create space to reflect on the present, delve into the past, and envision new possibilities for our collective future.

Activity Level:

Mild

Participant Needs:

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10:30am-11:30am

Healthcare Exploration: Shared Experiences with Dynamic Nurse Consulting

Community is Medicine

Description:

The corporate healthcare industrial complex is dangerous. The toxic -isms make us sick & endanger our lives. Share your experiences, learn actionable tools for self advocacy, learn how our childhood impacts our long term health, what to do about it, & grow in strength. We can challenge the system, protect ourselves in health care, & heal through recognizing our shared experiences

Activity Level:

Mild

Participant Needs:

Activity Level: sitting, standing, writing, asking questions, sharing. Be prepared to hear some frustrating, yet relatable experiences. Bring notebook, pen, & questions.

Biography:

Dynamic Nurse Consulting is an outreach non-profit, aiming to empower their community as they navigate the broken healthcare system. Everything from: tools for self advocacy, assertiveness coaching, legal nurse witness, safety in clinics and hospitals, lab/chart review, staff support, dealing with microaggressions from providers, creating action plans catered to you, state/employee disability/illness claims, DPOAs and navigating home care/hospice. We explore billing and insurance practices, provide education about a diagnosis or procedure, HSA vs FSA, and be your personal advocate and navigation guide.

10:30am-11:30am

Self Love & em-BODY-ment with Sterling Victorian

Land of Unlearning

Description:

In this workshop, we will explore self-love through our physical expression and movement. Finding freedom and power in our bodies can create the ease we need to find freedom and ease in our outer world. We will begin with breathwork to ground the nervous system, move into some light stretching, and finish with exploring what movement, dance, and joy feels and looks like for us individually and as a collective. Accompanied by some festive and inspirational music, this workshop will be the lighthearted and empowering experience you crave!

Activity Level:

Moderate

Participant Needs:

Water, journal, pen, mat, anything they need to feel comfy. Dress to move!

Biography:

Sterling's spiritual journey began with her own healing. As a child she was riddled with mental health and emotional obstacles due to an unstable and abusive domestic life. Determined to not rely on the prescribed medications that were numbing her creativity, she set out on a journey to heal herself holistically. This journey transcended into a commitment to help others do the same. And after years of

studies, travels, mentorships and rituals she birthed eyelovemyself. A space committed to your transformation and growth from the inside out.

10:30am-11:30am

Learn to Read Tarot with Becca Bassaleh

Community is Medicine

Description:

Learn the symbolism of the Tarot, story of the fool, intuitive tips, and try your hand at a tarot pull!

Activity Level:

Moderate

Participant Needs:

A journal and pen for taking notes (if desired) and an open mind!

Biography:

Becca Basaleh, CHt. is a certified hypnotherapist with a Master of Science in Psychology & her passion is healing the inner child and tarot readings!

10:30am-11:30am

Urban Farming for Sustainability with Lauren Henson

Marsha's Garden

Description:

Activity Level:

Participant Needs:

Biography:

12:00pm-1:00pm

Closing Ceremony

Community is Medicine

Description:

Activity Level:

Participant Needs: